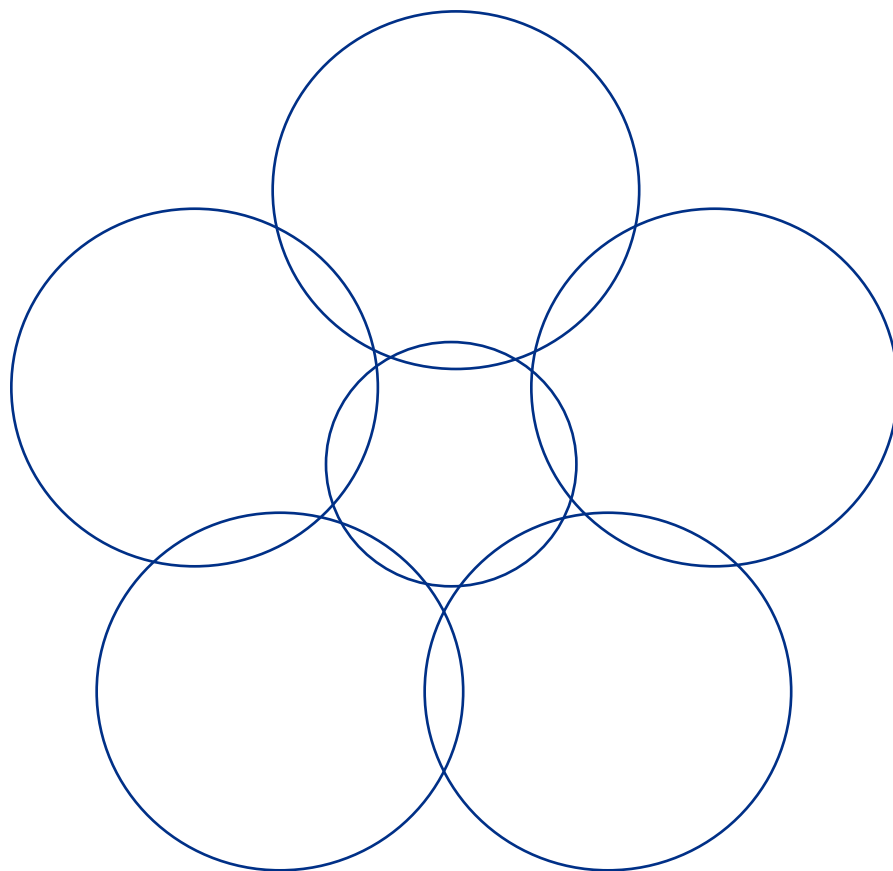


Self-Awareness Activity

Identity Spheres Exercise: This activity highlights the multiple dimensions of our identity and how they intersect

Place your name in the center circle of the structure below. In each of the satellite circles, write an aspect of your identity- an indicator or descriptor- that you feel is important to who you are. These dimensions of identity might include: race, ethnicity, sexual orientation, gender identity, ability/disability, immigration status, socioeconomic status, age, education, and others that resonate with you.





Reflection Questions:

1. Who are you? What aspects form your identity?
2. What are some noticings you had while completing your identity spheres?
3. How would these spheres change if you were considering your identity outside of being an educator?